

Verse 1 ~ Lehi

Lehi from Jerusalem, a **prophet** we know **well**.
Gathered up his **family** to the **wilderness** to **dwell**.
A **vision** of the **Tree** of Life helped **him** to **understand**.
And the **Liahona** **guided** them to the **faraway** Promised **Land**.

Lehi was a hero, Living in the Light.
Though it was difficult at times, he stood tall with all his might.
He focused on the Lord, He prayed each day and night.
Along the path, the ups, the downs, he loved to choose the right.
He's a hero! Lehi is a hero! I want to be a hero like Lehi!

~ Living in the Light ~

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Verse 2 ~ Sariah

Sariah was the **prophet's** wife, she was **devoted**, she was **kind**.
With **Lehi** and her **family**, she **left** her home **behind**.
Sariah had more **child--ren**, her **faith** grew along the **way**.
She **withstood** the conflict **brave--ly** and **worked** hard ev'ry **day**.

Sariah was a hero, Living in the Light.
Though it was difficult at times, she stood tall with all her might.
She focused on the Lord, She prayed each day and night.
Along the path, the ups, the downs, she loved to choose the right.
She's a hero! Sariah is a hero! I want to be a hero like Sariah!

Verse 3 ~ Nephi

Nephi was **obedient**, he **listened** to his **dad**.
Even when his **brothers** often **seemed** to make him **sad**.
He **got** the plates. He **built** a boat. He **even** broke his **bow**.
When **asked** to do hard **things** he said "I'll **go** where you want me to **go**."

Nephi was a hero, Living in the Light.
Though it was difficult at times, he stood tall with all his might.
He focused on the Lord, He prayed each day and night.
Along the path, the ups, the downs, he loved to choose the right.
He's a hero! Nephi is a hero! I want to be a hero like Nephi!

Verse 4 ~ King Benjamin

Benjamin, the **Nephite** King, high **on** a tower **taught**,
Of **service** to your **fellow** man and the **peace** that Jesus **brought**.
The **people** took his **words** to heart, they **believed** them, every **one**!
They **chose** to follow **Jesus** Christ and the **words** of King **Benjamin**.

Benjamin was a hero, Living in the Light.
Though it was difficult at times, he stood tall with all his might.
He focused on the Lord, He prayed each day and night.
Along the path, the ups, the downs, he loved to choose the right.
He's a hero! Benjamin is a hero! I want to be a hero like Benjamin!

Verse 5 ~ Abinadi

The **prophet** named **Abinadi**, a good **message** he did **share**.

Tho' King Noah **and** His Court really **didn't** seem to **care**.

He **taught** the gospel **plan** although, the **room** was filled with **strife**...

And **then** the prophet, **Abinadi**, was **willing** to give his **life**.

Abinadi was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Abinadi is a hero! I want to be a hero like Abinadi!

Verse 6 ~ Alma the Younger

When **Alma** was a **bold** young man he made **mistakes** and he chose **wrong!**

A **visit** from an **angel**, Alma **repented** and felt **strong**.

His **missions** took him **far** and wide, thousands **came** to know the **truth**.

A **hero** can **repent** and serve as **Alma** did in his **youth**.

Alma was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Alma is a hero! I want to be a hero like Alma!

Verse 7 ~ Ammon

Ammon taught the **Lamanites** on a **mission** for the **Lord**.

He **saved** the servants **and** the sheep but he **had** to use his **sword**.

When **King** Lamoni **heard** his words, he **knew** it must be **true**.

He **gained** a **testimony** and was **converted** through and **through**.

Ammon was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Ammon is a hero! I want to be a hero like Ammon!

Verse 8 ~ Abish

Abish, the queen's **handmaiden**, had **faith** and simply **served**.

While **everyone** **around** her lived in **darkness**...she **observed**.

When **Ammon** taught the **gospel** plan, each **one** was **overcome**.

Abish took the **queen** by hand – **conversion** had **begun**.

Abish was a hero, Living in the Light.

Though it was difficult at times, she stood tall with all her might.

She focused on the Lord, She prayed each day and night.

Along the path, the ups, the downs, she loved to choose the right.

She's a hero! Abish is a hero! I want to be a hero like Abish!

Verse 9 ~ Captain Moroni

Captain—Moroni led his troops with a righteous hand.

His military preparation fortified the land.

He tore his cloak, he wrote the words of church and family.

Remember Freedom, cherish it, the Title of Liberty.

Moroni was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Moroni is a hero! I want to be a hero like **Captain Moroni!**

Verse 10 ~ the Stripling Warriors

The **children** of the **Lamanites**, two **thousand** righteous **sons**,

Did not doubt their **mother's** faith, they'd **return** when war was **done**.

Helaman led **them** to fight, they stood **firmly** when **attacked**.

Tho' **all** were hurt, not **one** was lost, their **obedience** was **exact**.

These Warriors were all heroes, living in the light.

Thought it was difficult at times, they stood tall with all their might.

They focused on the Lord, They prayed each day and night.

Along the path, the ups, the downs, they loved to choose the right.

They were heroes! These young men were all heroes! I want to be a hero like they were!

Verse 11 ~ Samuel the Lamanite

Samuel the **Lamanite** stood **high** up on the **wall**.

The **Lord** asked him to **testify**, he was **faithful** to the **call**.

When **Samuel** told of **Jesus' birth** in a **land** far, far **away**,

The **arrows** could not **hit** him, for, the Lord **kept**—him safe that **day**.

Samuel was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Samuel is a hero! I want to be a hero like Samuel!

Verse 12 ~ Mormon

When **Mormon** led the **Nephite** band he was **young** and he was **good**.

Around him wickedness prevailed, Mormon **did** just what he **should**.

He **wrote** a book on **plates** of gold, this was **Heavenly Father's plan**.

So **we** could have the **gospel** light, Book of **Mor--mon** in our **hands**.

Mormon was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Mormon is a hero! I want to be a hero like Mormon!

Verse 13 ~ Moroni

Moroni the last **prophet** saw his **people** be **destroyed**.

His teachings in the scriptures tell of evils to avoid.

He gave the plates to Joseph Smith, in his angel robe of white.

When following his written words, we are Living in the Light!

Moroni was a hero, Living in the Light.

Though it was difficult at times, he stood tall with all his might.

He focused on the Lord, He prayed each day and night.

Along the path, the ups, the downs, he loved to choose the right.

He's a hero! Moroni is a hero! I want to be a hero like Moroni!

Verse 14 ~ Each One of Us

Each **morning** I wake up **fortified** and **ready** for the **day**.

Sometimes I am **derailed**, confused, by what **others** do and **say**.

I **know** I can rely upon my **faith**, I will be **strong**!

I'll **stand** for truth! I'll **stand** for right! I'm a **hero** all day **long**!!!

Today I am a hero, Living in the Light.

Though it is difficult at times, I stand tall with all my might.

I focus on the Lord, I pray each day and night.

Along the path, the ups, the downs, I love to choose the right.

I'm a hero! I really am a hero! Living in the Light, I am a hero!